



Scoil Mhuire

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Newsletter September 2017

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Welcome back to all our pupils and a special welcome to all the new Junior Infants. We hope that you will be very happy in Scoil Mhuire. **This week we are celebrating Lucky to be Me fortnight.** This celebrates the uniqueness and individuality of every child and focuses on positive self-esteem. You will hear the pupils talking about Marvellous Monday, Terrific Tuesday, Wonderful Wednesday, Thoughtful Thursday and Fantastic Friday.



We are tracking attendance again this year so it is important for all pupils to be in school each day unless they are ill. If pupils are ill we expect a note when the pupils return to school. The slips to return are sent home for Junior, Senior and 1st Class and from 2nd to 6th Classes they are in the homework journal. I thank you for your co-operation in this. It is also important that pupils are in school on time. **We remind them to “Be on the Line by 10 to 9”.**

Junior Infants are now on full days from 8.50am until 1.30pm. Pupils will line up in the Junior Yard each morning and will be collected by their class teachers. We will have a welcoming ceremony for Junior Infants and the parents in the school early in October. We will update you on date and time.

The forms for **Allianz Insurance** have been sent home to parents. Forms to be back to the school by Friday 29th September.



Any information you need about the school will be on the website – www.smclon.com - and each class will have a blog showing the innovative and creative lessons happening in each class. We had a very successful Summer Camp this year and the link to the blog is also on the website.



Can I remind you of our healthy lunch policy in Scoil Mhuire. Please send a healthy lunch with your child on the days that school lunches are not provided. School lunches have begun for 1st to 6th Class and your child has been informed the day they will receive lunches. Senior Infants lunches will begin after Mid-Term. Junior Infants do not receive lunches. **Chocolate biscuits/bars/cakes do not constitute a healthy lunch. The following are some ideas for healthy lunches.** Get the children involved in making their own lunches with you and ask them to choose something from the four food groups in order to get essential nutrients for example:

- ✚ Carbohydrates: bread, wraps, pitta bread, rice cakes, bread sticks, crackers, rolls or baps.
- ✚ Protein: Ham, turkey, chicken, tuna, cheese, etc.

- ✚ Vitamins and Minerals: Fresh fruit, raisins, carrot sticks, salad or dried fruit.
- ✚ The possibilities are endless but it is important to establish healthy eating habits when children are young. **Mol an óige agus tiocfaidh si.**



Due to nut allergies, Scoil Mhuire has become a nut free zone. **All nuts and nut products are now excluded from school.**

If you have changed your address or phone number please inform the secretary as this information is needed if your child is ill or for sending text a parent information.

Please return Booklist Money. This can be given to your child's class teacher. This is not a voluntary contribution but covers book rental, reading programmes, art and craft and computers. I thank you for your co-operation in this.



Our annual School Walk will take place on Friday 6th October (weather permitting) Sponsor cards will be sent out next week and can be returned to the school after the walk. This year the funds collected will be used to pay for extra drama and music lessons. As you saw from the booklists we no longer charge €25 for drama classes so this fundraiser will support this very worthwhile educational experience for your child. We thank you for your support in this venture.

Le gach dea ghui

Ms Burke-Heneghan and Staff of Scoil Mhuire